

Joe DeFranco and Jim Smith, in recognition of the successful completion of the
Level 1 CPPS certification, hereby confers upon

ERIC HEILMAN

Who has completed the requisite courses of study and has demonstrated coaching proficiency
in all disciplines, has successfully earned the advanced specialization of

CERTIFIED PHYSICAL PREPARATION SPECIALIST

This certification is granted with all the rights, privileges and responsibilities pertaining thereto.

CPPSL112202100340

Certification Number

DECEMBER 12, 2021

Certification Date



Joe DeFranco

Co-Founder

James Smith

Co-Founder